

The Sustainable Food Story
x Borough Market:

Soup-er Seeded

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2018 - Seeds

BRASSICA AND ASTERACEAE OLIO

Family *✂* Brassicales

GENUS → *Brassica*

SPECIES → *Brassica oleracea*

KNOWN AS **CABBAGE**

KNOWN AS **BROCCOLI**

KNOWN AS **CAULIFLOWER**

SPECIES → *Brassica nigra*

KNOWN AS **MUSTARD SEED**

GENUS → *Raphanus*

SPECIES → *R. raphanistrum*

KNOWN AS **RADISH**

SPECIES → *Brassica napus*

KNOWN AS **RAPESEED**

Family *✂* Asteraceae

GENUS → *Helianthus*

SPECIES → *Helianthus annuus*

KNOWN AS **SUNFLOWER**

GENUS → *Tagetes spp*

SPECIES → *Tagetes patula*

KNOWN AS **FRENCH MARIGOLD**

GENUS → *Cichorium*

SPECIES → *Cichorium intybus*

KNOWN AS **CHICORY, BLUE DAISY, BLUE DANDELION, BLUE SAILORS, BLUE WEED, BUNK, COFFEEWEED, CORNFLOWER, HENDIBEH, HORSEWEED, RAGGED SAILORS, SUCCORY, WILD BACHELOR'S BUTTONS, WILD ENDIVE.**

POLYGONEACEAE MEDLEY

SPICED POACHED RHUBARB, SHEEP'S MILK CUSTARD,
SORREL MERINGUE, TOASTED BUCKWHEAT CRUMB

Family *✂* Polygoneaceae

GENUS → *Rumex*

SPECIES → *Rumex acetosa*

KNOWN AS **COMMON SORREL,
GARDEN SORREL, SPINACH DOCK,
NARROW-LEAVED DOCK**

GENUS → *Rheum*

SPECIES → *Rheum rhabarbarum*

KNOWN AS **RHUBARB**

GENUS → *Fagopyrum*

SPECIES → *Fagopyrum esculentum*

KNOWN AS **BUCKWHEAT, COMMON
BUCKWHEAT, JAPANESE BUCKWHEAT,
SILVERHULL BUCKWHEAT**

WINES

2017 GRÜNER VELTLINER DER OTT
BERNHARD OTT, FEUERSBRUNN/WAGRAM AUSTRIA

THE OSFC TRUST EXTENDS A SPECIAL THANKS TO:

IMAGE: *Daucus carota*, WILD CARROT
SEED. HAND COLOURED MICROGRAPH BY
ROB KESSELER. FROM **FRUIT, EDIBLE,
INCREDIBLE, INEDIBLE** BY WOLFGANG STUPPY
& ROB KESSELER. PUBL. PAPADAKIS

**BOROUGH
MARKET**



APIACEAE & PEDALIACEAE SOUP

CARROT, CUMIN, CORIANDER & SESAME SEED SOUP

Family 🌿 Pedaliaceae

GENUS → *Sesamum*

SPECIES → *Sesamum indicum*

KNOWN AS **SESAME SEED**

Family 🌿 Apiaceae

GENUS → *Daucus*

SPECIES → *Daucus carota*

KNOWN AS **CARROT**

GENUS → *Cuminum*

SPECIES → *Cuminum cyminum*

KNOWN AS **CUMIN**

GENUS → *Coriandrum*

SPECIES → *Coriandrum sativum*

KNOWN AS **CORIANDER**

GRAMINAE SOURDOUGH

A VARIETY OF BREADS MADE FROM RYE, SPELT, WHEAT, CORN, BARLEY, EINKORN

Family 🌿 Poaceae

GENUS → *Secale*

SPECIES → *Secale cereale*

KNOWN AS **RYE**

GENUS → *Zea*

SPECIES → *Zea mays*

KNOWN AS **MAIZE, CORN**

GENUS → *Hordeum*

SPECIES → *Hordeum vulgare*

KNOWN AS **BARLEY**

GENUS → *Triticum*

SPECIES → *Triticum aestivum*

KNOWN AS **COMMON WHEAT**

SPECIES → *Triticum monococcum*

KNOWN AS **EINKORN WHEAT**

SPECIES → *Triticum spelta*

KNOWN AS **SPELT, DINKEL WHEAT, HULLED WHEAT**

AMARATHACEAE JUMBLE

BEETROOT, RAINBOW CHARD, SPINACH, QUINOA, GOATS CHEESE

Family 🌿 Amaranthaceae

GENUS → *Spinacia*

SPECIES → *Spinacia oleracea*

KNOWN AS **SPINACH**

GENUS → *Chenopodium*

SPECIES → *Chenopodium quinoa*

KNOWN AS **QUINOA**

GENUS → *Beta*

SPECIES → *Beta vulgaris*

KNOWN AS **BEET, BEETROOT, GARDEN BEET, RED BEET, SPINACH BEET**

SPECIES → *Beta vulgaris*

KNOWN AS **CHARD**

